



CITY & SOUL

Co-working, but make it
WELLNESS

You know that feeling you get when you help others? **We love that feeling.**

It's our mission to set you and your business up for success so that you can feel that feeling more often.





WHAT IS COWORKING?

Instead of paying to rent an entire office space alone, our Collective of Wellness Practitioners share our fully-furnished rooms and only pay for how much time they actually need to see their clients.

We are proud to offer sliding scale rental prices which means for each rental tier, there are three price options for you to choose from depending on you and your business's financial ability.

CITY & SOUL



CLIENT OFFICES





BODYWORK ROOM





YOGA & EVENT STUDIO



**A) 12 HOURS
PER WEEK**

\$550+GST

*price is per month
(\$550/month for 12
hrs every week)

CITY & SOUL
MONTHLY PRICING



**B) 24 HOURS
PER WEEK**

\$750+GST

*price is per month
(\$750/month for
24 hrs every week)



**C) 36 HOURS
PER WEEK**

\$1000+GST

*price is per month
(\$1000/month for
36 hrs every week)

CITY & SOUL
MONTHLY PRICING

**D) 6 HOURS
PER MONTH**

\$200+GST

Great for
teaching a
weekly yoga
class
or hosting
monthly
workshops

**EXTRA
HOURS**

studio
\$35+GST

other rooms
\$30+GST

price is per extra
hour used and
can be added to
any rental
option



MEMBERSHIP FEE

12 MONTHS: \$200+GST

6 MONTHS: \$150+GST

Choose your contract length!

INCLUDED IN YOUR MEMBERSHIP

- FULLY FURNISHED OFFICES / BODYWORK ROOM / STUDIO
- KITCHENETTE WITH TOASTER OVEN, FRIDGE, KETTLE, COFFEE MAKER
- WIFI
- PRINTER
- LINENS & TOWELS
- LAUNDRY MACHINES
- MEMBER ONLY RENTAL RATES
- BASIC MARKETING INCLUDING A PAGE ON OUR WEBSITE, AND SOCIAL MEDIA FEATURES
- PARTICIPATION IN OUR COMMUNITY EVENTS & WELLNESS FESTIVALS
- OPPORTUNITIES TO COLLABORATE WITH OTHER MEMBERS
- SELL YOUR WARES IN OUR STORE
- BOOKING & PAYMENT PROCESSING PLATFORM
- **ADD ONS INCLUDE FILING CABINET RENTAL, LOCKER, AND STORAGE ROOM RENTAL**

READY TO GET STARTED?

Reach out to us at
hello@cityandsoul.ca to book a
viewing or schedule an interview!

City & Soul Co
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